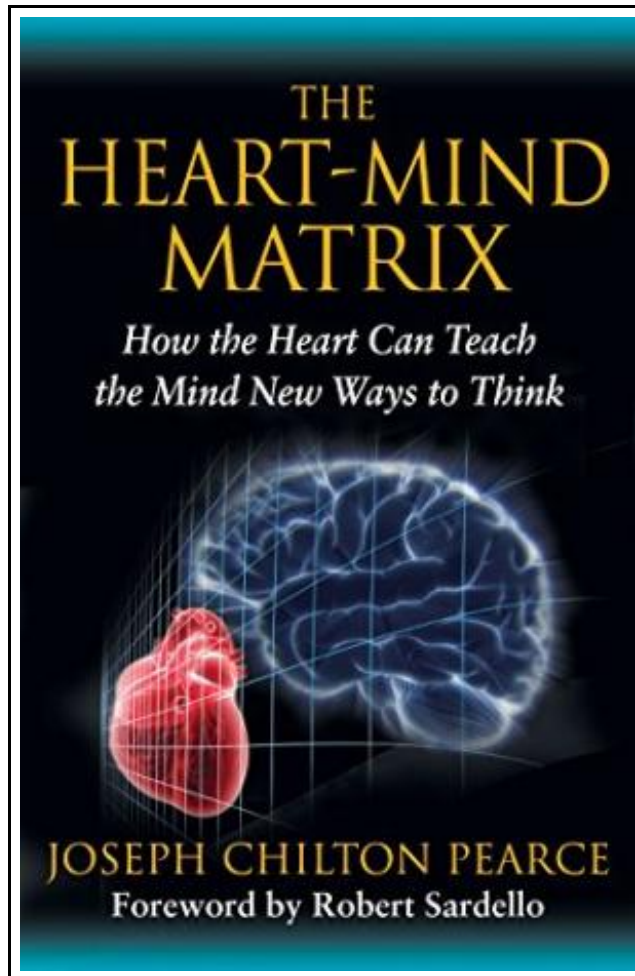


The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think



Filesize: 9.73 MB

Reviews

Undoubtedly, this is the greatest job by any author. It is actually filled with wisdom and knowledge I am quickly could get a pleasure of reading a written book.

(Kade Ankunding)

THE HEART-MIND MATRIX: HOW THE HEART CAN TEACH THE MIND NEW WAYS TO THINK


DOWNLOAD



To read **The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think** PDF, you should follow the button below and save the file or gain access to other information which are related to THE HEART-MIND MATRIX: HOW THE HEART CAN TEACH THE MIND NEW WAYS TO THINK ebook.

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think, Joseph Chilton Pearce, Robert Sardello, *Shows how the heart is connected to our prefrontal cortex and offers a balancing counterweight to the calculating intellect of the lower brain*Explains how we are stuck in reactive behaviour loops resulting from the loss of the nurturing culture of our ancestors*Reveals how the Heart-Mind Matrix connects us to the universe and is the engine of spiritual evolutionExpanding the revolutionary theories of mind explored in the bestselling *The Crack in the Cosmic Egg* and *The Biology of Transcendence*, Joseph Chilton Pearce explains how the heart provides the balancing intelligence to the brain's calculating intellect, an innate system of emotional-mental coherence lost generations ago through a breakdown of the nurturing culture of our ancestors. By severing ourselves from our heart intelligence, we are left with our selfish, survival-oriented reptilian brains, which create and reinforce strange loops between potential and actual reality, leading to our modern world's endless cycle of self-inflicted disasters and societal crises. Pearce explains that in order to break these cycles and transcend a life focused solely on surviving the results of our own reactive patterns, we must reconnect with the compassionate intelligence of the heart. Offering a rich variety of evidence, Pearce explores neurological research, lost and enduring nurturing cultures, personal experiences, and accounts from the lives and writings of modern sages such as Jane Goodall, Maria Montessori and Rudolf Steiner. He shows that by activating the original matrix of the Heart-Mindthe engine of our spiritual evolution and our innate connection to the universewe can teach our brains new ways to think, amend our destructive behaviour loops, and enter into a future of peace, spiritual connection, and conscious evolution.

 [Read The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think Online](#)

 [Download PDF The Heart-Mind Matrix: How the Heart Can Teach the Mind New Ways to Think](#)

You May Also Like



[PDF] **The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)**

Click the web link under to download and read "The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)" document.

[Save PDF »](#)



[PDF] **Supernatural Deliverance: Freedom For Your Soul Mind And Emotions**

Click the web link under to download and read "Supernatural Deliverance: Freedom For Your Soul Mind And Emotions" document.

[Save PDF »](#)



[PDF] **Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age**

Click the web link under to download and read "Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age" document.

[Save PDF »](#)



[PDF] **Sarah's New World: The Mayflower Adventure 1620 (Sisters in Time Series 1)**

Click the web link under to download and read "Sarah's New World: The Mayflower Adventure 1620 (Sisters in Time Series 1)" document.

[Save PDF »](#)



[PDF] **It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em**

Click the web link under to download and read "It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em" document.

[Save PDF »](#)



[PDF] **You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most**

Click the web link under to download and read "You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most" document.

[Save PDF »](#)