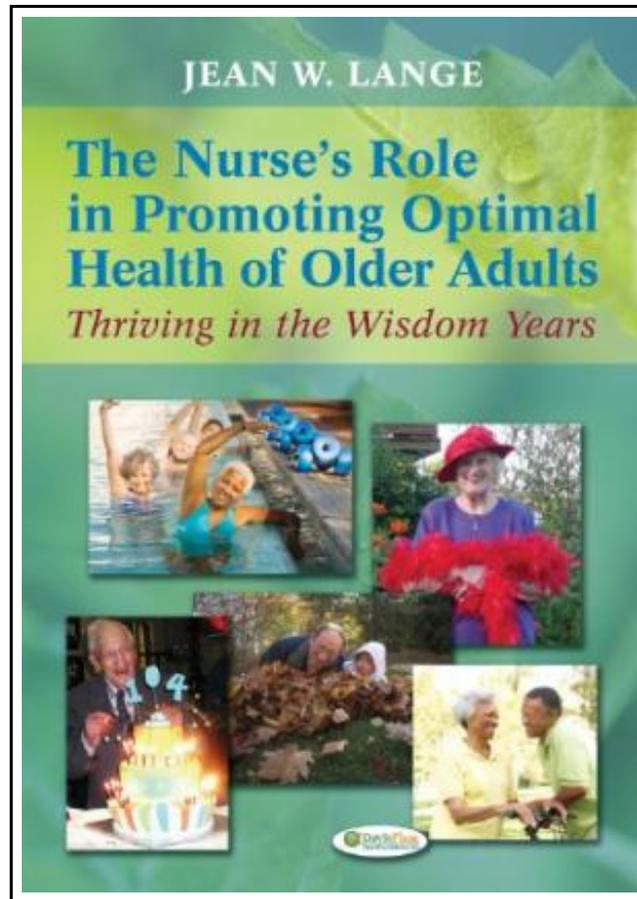


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F.A. Davis Company, United States, 2012. Paperback. Book Condition: New. New.. 251 x 178 mm. Language: English . Brand New Book. Why focus on the negative aspects of growing old while most older adults are leading positive, fulfilling, and active lives even while dealing with the changes associated with aging and chronic illnesses? Promote healthy aging; learn what it means to age successfully; and develop the tools and resources that can optimize well-being during the later years in life with the guidance you ll find inside. The author, a nationally recognized expert in the field of gerontology addresses the physical, psychosocial, and spiritual needs of older adults based on a holistic, mid-range nursing theory of successful aging. Contributions from healthcare professionals in exercise physiology, nutrition, pharmacy and elder law help you understand how these disciplines work together to benefit patients. This title looks at the nurse s unique role in promoting healthy aging. It features contributions from experts in other health care disciplines to support collaborative care. It focuses on opportunities available to older adults to achieve optimal quality of life. It integrates wellness, quality and safety, patient-centered care, evidence-based practice, and interprofessional collaboration throughout. It structures information based on a midrange nursing theory of successful aging.



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