



## Mind Gardening with Mak and Mik: Lets Choose Happy (Paperback)

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By Keti Kamalani

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Aloha! Our search for the essence of true happiness led us to an ancient Hawaiian inner garden concept that empowers the wisdom from within. We call this path, Mind Gardening. Come meet the twins Mak and Mik on their farm in Hawaii. Have fun searching for Diamond their little pony, as he plays peek-a-boo along the way. Lets Choose Happy gives you a simple and clever way to apply some vital basic Mind Gardening into the lives of your children. Our Diamond series of books for children are filled with beautiful photos from a Native Hawaiian farm, and secluded beaches throughout the Hawaiian Islands. Follow the twins Mak and Mik as they learn to let go of their crabby faces while discovering that being happy is always a good choice. Sing song along while hunting for Diamond the little pony. There is even a page for children to add their own happy picture. Happy thoughts are what heads are for. So Mak next time you dont feel fine, take a moment in your mind. Think of a fat...

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