



How to Live: A Search for Wisdom from Old People.

By Henry Alford

Little, Brown & Company. Paperback. Book Condition: new. BRAND NEW, How to Live: A Search for Wisdom from Old People., Henry Alford, Armed with recent medical evidence that supports the cliché that older people are, indeed, wiser, Alford sets off to interview people over 70 - some famous (Phyllis Diller, Harold Bloom, Edward Albee), some accomplished (the world's most-quoted author, a woman who walked across the country at age 89 in support of campaign finance reform), some unusual (a pastor who thinks napping is a form of prayer, a retired aerospace engineer who eats food out of the garbage.) Early on in the process, Alford interviews his 79 year-old mother and step-father, and inadvertently changes the course of their 36 year-long union. Part family memoir, part Studs Terkel, How To Live considers some unusual sources - deathbed confessions, late-in-life journals - to deliver a highly optimistic look at our dying days. By showing that life after 70 is the fulfilment of, not the end to, life's questions and trials, How to Live delivers that most unexpected punch: it makes you actually 'want to get old'.



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Reviews

This publication is definitely worth buying. It can be loaded with wisdom and knowledge I am easily could possibly get a satisfaction of looking at a composed publication.

-- **Rhiannon Steuber**

Very helpful to all type of individuals. It really is rally interesting throgh looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- **Tyshawn Brekke**

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